

Days of the week (A2)

There are seven days of the week, or uniquely named 24-hour periods designed to provide scheduling context and make time more easily measurable. Each of these days is identifiable by specific plans, moods, and tones.

Monday is viewed by many to be the "worst" day of the week, as it marks the return to work following the weekend, when most full-time employees are given two days off. Most students attend school in the morning and return home in the afternoon (usually from about eight until three or seven until two), and most workers go to work in the morning and return home in the evening (usually from nine to five or eight to four).